

Greater Manchester Shared Services Effective Use of Resources Team
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Policy:	<u>Invasive Treatments for Snoring</u>		GM Ref:	GM068	
First issue date:	June 2015	Current version:	2.0	Last reviewed:	N/A

Policy inclusion criteria

Surgical treatment of simple snoring (where snoring is not complicated by episodes of breathing cessation) is regarded as a procedure of low clinical priority and therefore not routinely commissioned.

Funding mechanism: An individual funding request can be made if there is a good case for clinical exceptionality. Requests should be submitted with all relevant supporting evidence, which must be provided with the request.

Policy exclusions

If clinical assessment suggests serious underlying pathology rather than simple snoring, the patient should be referred accordingly.

If Obstructive Sleep Apnoea Syndrome is suspected, the patient should be managed in accordance with NICE Technology Appraisal TA139 - Continuous positive airway pressure for the treatment of obstructive sleep apnoea/hypopnoea syndrome.

Refer above as normal - within contract.